

Your dentist has asked us to examine you to see if **orthodontic treatment** can help make your teeth straighter and your bite work more efficiently. This leaflet tells you a little about the practice but please consult our website for more information.

### What can orthodontics do for you?

- Enhance your smile and help to strengthen your self-confidence.
- Create a beautiful smile.
- Improve the overall oral health of the teeth.
- Achieve balance and harmony of the teeth, jaws and facial features.
- Make teeth easier to keep clean, reducing the possibility of dental decay and gum.
- Make the bite distribute the chewing forces more evenly on the teeth and the supporting structures, which can improve your ability to chew and speak.

### Orthodontics for Children and Adolescents

- Your dentist will advise you if your child needs orthodontic treatment.
- If you are concerned about the position of your teeth speak to your dentist.
- Treatment normally starts when most of the adult teeth have erupted.
- NHS treatment is available but only if your bite is bad enough to qualify.

The psychological and social implications of orthodontics are beneficial, giving teenagers the confidence to express themselves and interact in a positive manner.



### Treatment available

- Screening and advice about the developing teeth and the way they bite in children
- Occasionally early treatment for children, who still have some primary teeth, if this is going to benefit them later.
- Full orthodontic treatment using a variety of fixed and removable braces for adolescents and adults.
- Combined treatment, with your own dentist or another specialist, if you require bridges, veneers, implants or other surgical procedures as well as orthodontics.
- You must be a regular attender with a General Dentist to receive treatment here.
- NHS treatment is available if you qualify.
- Private treatment is available for Adults and Children

### Your first visit

- Please arrive **10 minutes** early to complete the paperwork and bring your health questionnaire.
- The ORTHODONTIST will discuss your concerns. The treatment we offer will address these and any other problems there may be with your teeth and bite.
- Your teeth and mouth will be examined and records taken. These include impressions (moulds of your teeth), X-rays and photographs.
- **PLEASE REMOVE ALL METAL JEWELLERY, STUDS AND HAIR CLIPS PRIOR TO YOUR VISIT TO ALLOW X-RAYS TO BE TAKEN.**
- The orthodontist will discuss the findings with you and make a plan to deal with these.
- No treatment will be provided at the first visit, it is simply an examination.
- After completing this visit you will either be advised to start treatment or to wait until more teeth grow and see how your bite develops.
- A letter will be sent to your dentist advising them of the results from this visit. You must continue to visit your dentist while

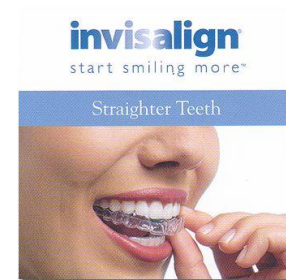


you attend here as well.  
**Options for treatment**

- **National Health Service**
  - Appointments WILL be during school hours
  - Treatment is performed using either removable appliances or metal fixed appliances (shown above).
  - You will be assessed to see if you qualify for NHS treatment
  - Mild problems no longer qualify for NHS treatment
- **Private Treatment**
  - Adults and Children
  - No waiting list
  - More flexibility with appointment times
  - More time – at each appointment to ensure the smoothest possible treatment efficiency

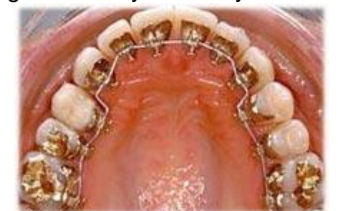


- More choice - A variety of aesthetic braces are available



### Orthodontics for Adults

- Adults can have orthodontic treatment.
- Healthy teeth can be moved at any age
- Braces can be tooth coloured or hidden behind the teeth
- Working as a team, together with your family dentist and other dental specialists, orthodontics can help you achieve a lifetime of beautiful and healthy smiles.



## The Practice

- Located centrally in Falkirk and Stirling.
- Four Specialist Orthodontists

**Peter J McCallum** Sex GDC No  
BDS (Edinburgh 1983),  
FDS, DDOOrth RCPS Male 57948

**A Stuart Dunn**  
BDS (Glasgow 1983)  
FDS, MSc, MOrth RCS Male 57897

**Robert Hill**  
BDS (Edinburgh 1989)  
MSc FDS, Orth MOrth RCS Male 64225

**Darren Gray**  
BDS (Dundee 1993)  
MSc FDS, Orth MOrth RCS Male 69582

- Two Orthodontic Therapists

**Michelle McLuskey**  
Dip Orthodontic Therapy 2009  
Female 109494

**Karen Douglas**  
CEB Cert in Dental Hygiene 1983  
Dip Orth Therapy RCS Eng 2012  
Female 2580

- Supported by a team of Nurses, Receptionists, technician and administration staff.

## Opening Hours

- Monday to Friday
  - 9am to 12.30pm
  - 2pm to 4.30pm
- Emergency contact (out with the above times)
  - Telephone answering machine or
  - NHS 24 on 08454 242424

## Disabled access

There is a ramp on the left side of the building with a buzzer for entry.

## Guide to Charges

### National Health Service

- The practice offers NHS treatment subject to qualification
- NHS charges apply for non-exempt patients. (Max £384)
- Private treatment is available and payment options are offered
- Cash, cheque, credit card and debit cards are accepted

## Cancelled or failed appointments

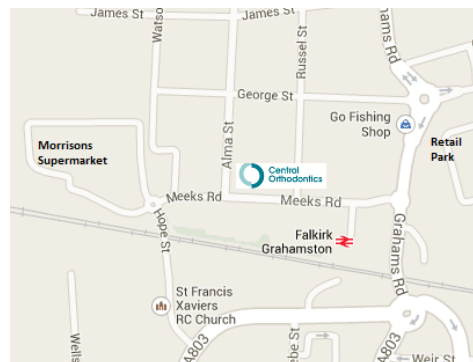
- We encourage you to give as much notice as possible when changing appointments to allow us to provide other patients with these times.
- Failure to attend may result in a charge being levied and will certainly result in a delay in your treatment.

## NHS Dental services information in Forth Valley

- Primary Care 01786 434775
- Interpreter 01324 590886

More information about the practice, appointments, contact information and the types of braces you can have is available on the website at

[www.centralortho.co.uk](http://www.centralortho.co.uk)



01324 621130

18 Meeks Road  
Falkirk

E-mail: [fk\\_centralortho@btconnect.com](mailto:fk_centralortho@btconnect.com)

[www.centralortho.co.uk](http://www.centralortho.co.uk)



Also at  
41 Dumbarton Road  
Stirling FK8 2QJ